



Venue: Meilahti Bridge Hospital

Haartmaninkatu 4, Helsinki, Finland

Tuesday 25th August 2026 at noon – Wednesday 26th August 2026 at 4 PM

Tuesday 25th August 2026, Lecture hall Kruunuhaka

12.00-12.15 Opening of the meeting, Professor Perttu Arkkila and Adjunct professor Reetta Satokari

12.15-13.30 Highlights in microbiota studies in Nordic and Baltic countries (each country represents few published studies 10min+5 min discussion, **Christian Lodberg Hvas, Johannes Hov, Juozas Kupcinskas, Robert Caesar, Perttu Arkkila**

13.30-14.30 **Lunch** beside Siltasairaala Ravioli restaurant

14.30-15.45 Meetings at seminar rooms (15+5 min presentations)

Seminar Room 1: Microbiota **Robert Caesar and Sidsel Støy**

Lean-donor gut microbiota engraftment and host responses in adults with severe obesity: a randomized controlled study, **Ching Jian**, University of Helsinki

Emerging Microbiome-Derived Metabolites: What do we still not know about Gut Microbial Metabolism and its links to host physiology?, **Santosh Lamichhane**, University of Turku

Dialisteraceae as a Candidate Biomarker of Clinical Outcomes in Newly Diagnosed Multiple Myeloma: The REMNANT Study, **Pegah Abdollahi**, Oslo University Hospital

Seminar Room 2: FMT clinical 1: Metabolic-related diseases **Johannes Espolin Roksund Hov and Berta Bosch**

Clinical improvement after faecal microbiota transplantation in type 1 diabetes with gastroenteropathy is independent of global microbiome shifts, **Katrine Lundby Høyer**, Aarhus University Hospital

Faecal microbiota transplantation for patients with type 1 diabetes complicated by gastroenteropathy (Fadigas2): A study protocol for a multicentre randomised placebo-controlled trial, **Ditte Smed Kornum**, Aarhus University Hospital and Aarhus University

Nordic Multicenter FMT Trial in Male Anorexia Nervosa, A Call for Collaboration, **Kenneth Klingenberg Barfod**, University of Copenhagen

Seminar Room 4: FMT clinical 2: Challenge-to-treat diseases **Juozas Kupcinskas and Viktoria K. Malnes**

FMT in Graft versus Host disease, **Olga Pankratova**, Helsinki University Hospital

Safety and pilot efficacy of faecal microbiota transplantation against chronic diarrhoea in patients with systemic sclerosis, **Nanna S Rolighed**, Aarhus University Hospital and Aarhus University

Fecal microbiota transplantation on axial spondyloarthritis: Clinical results and microbiome changes, **Anna Hartikainen**, University of Helsinki

15.45-16.15 Coffee break

16.15-17.15 Keynote lecture

Gut microbiota and cancer

Margherita Ferrari, MD, Gastroenterology resident

Department of Translational Medicine and Surgery, Università Cattolica del Sacro Cuore, Rome, Italy

19.30-21.30 Dinner at downtown Helsinki at The Ballroom, Ostrobotnia House, Museokatu 10, 00100 Helsinki

Wednesday 26 th August 2026 Lecture hall Kruunuhaka

9.00-9.30 Microbes as medicines

Willem M. de Vos, PhD, Emeritus Distinguished Professor, Wageningen University, NL and University of Helsinki, FI

9.30-10.00 *Clostridioides difficile* infection; pretreatment, optimal route and time for FMT

Frederik Emil Juul, MD, PhD, Clinical Effectiveness Research Group, Oslo University Hospital, Rikshospitalet, Associate Professor, University of Oslo, Institute of Health and Society

10.00-10.30 Gut microbiome's role in brain health and neurological diseases, **Filip Scheperjans**, Adjunct Professor, MD, PhD Helsinki University

10.30-11.00 Coffee break

11.00 -11.30 Microbiome testing in clinical practice

Juozas Kupcinskas, Professor, MD, PhD, Vice Rector for Research, Head of Gastroenterology Department, Lithuanian University of Health Sciences, Kaunas, Lithuania

11.30-12.00 Beyond the “easy win” indication for FMT

Christian Lodberg Hvas, Prof, MD, PhD, Aarhus University

12.00-12.30 Gut microbiota for precision nutrition - where do we stand?

Anne Salonen, Adjunct professor, MD, PhD, University of Helsinki

12.30-13.30 Lunch at beside Siltasairaala Ravioli restaurant

13.30-14.30 Meetings at seminar rooms (15+5 min presentations)

Seminar Room 1: Variations of microbiome therapies, **Katrine Lundby Høyer and Reetta Satokari**

Fecal virome transplantation in patients with *Clostridioides difficile* infection -results from a randomized controlled pilot trial, **Frederik Cold**, Odense University Hospital and Copenhagen University Hospital Hvidovre

Exploring the microbial restoring potential of an anaerobic bacterial blend in an antibiotic disrupted gut ecosystem in vitro model M-SHIME, **Berta Bosch**, University of Helsinki

Gut microbiome and fecal metabolomics in children with cancer **Viktoria K. Malnes**. Department of Medical Biology, UiT The Arctic University of Norway, Tromsø, Norway

Seminar Room 2: Capsulated FMT **Nina Rågård and Perttu Arkkila**

KISS: Keep it simple and sweet: a new and more effective method to produce FMT in capsules, **Arne Kötz**, Clinical Microbiology, Halmstad, Sweden

Development of an Automated Manufacturing Platform for Standardized Fecal Microbiota Transplantation Capsules, **Hengameh Chloe Lauridsen**, Copenhagen University Hospital – Amager and Hvidovre

Epithelial responses to selected tryptophan-related metabolites in Crohn's disease and non-IBD intestinal organoids. **Goda Butaite**, Institute for Digestive Research, Academy of Medicine Lithuanian University of Health Sciences, Kaunas, Lithuania

Seminar Room 4 : GUT-Brain and other interactions **Anna Hartikainen and Christian Lodberg Hvas**

Title: Subjective–Objective Discordance in Parkinson's Disease Constipation: Insights From Constipation Phenotypes, **Nora Vetkas**, Helsinki University Hospital

Antibiotic therapy, not disease severity, shapes the intestinal and oral microbiomes in acutely decompensated cirrhosis. **Søren Damsholt**, Aarhus University Hospital

Effects of fecal microbiota transplantation on activities of cytochrome P450 enzymes – a clinical drug metabolism phenotyping study, **Laura Aurinsalo**, Helsinki University Hospital

14.30-15.30 Functional model for multicenter clinical trials in Nordic countries:

Tips for the colleagues how to organize multicenter study. Professor **Øyvind Holme**

Department of Health Management and Health Economics, Oslo University.

Round table discussion on possible collaborative clinical trials

15.30-15.45 Short wrap-up and presenting next year's NorMic, Adjunct professor **Reetta Satokari**, Helsinki University and **Johannes Espolin Roksund Hov** Oslo University

16.00 Closure